

## Dialogue for Connection

Explore one of the key culture factors shaping success in the hybrid workplace - the impact of intentional communication on creating and maintaining, meaningful connections. Deep dive into communication dynamics and explore the chemical processes our brains experience during communication. Be guided into rich dialogue around courage, curiosity, conscious choice, and intentional impact. Participants are encouraged to reflect on their experiences and actively plan new ways of creating meaningful connections through intentional communication.



### Workshop Topics:

- Dynamics of Communication  
learn how to increase understanding and build stronger connections through intentional communication.
- Chemistry of Communication  
explore the chemical processes our brains experience during communication and how different experiences influence our emotions.
- Intent and Impact  
Words matter. Aligning your intent with the impact on others.

### Workshop Logistics:

- Dialogue in the Dark™ workshops are powerful half-day immersive experiences comprising of individual and team activities conducted in complete darkness.
- Location - workshops are conducted at an East Melbourne location, easily accessible via train or tram.
- 10 - 30 participants per session to optimise learning. Multiple sessions can be run on the same day for larger groups.
- Health and Safety - all materials and surfaces are disinfected prior to each session.

### Your Facilitators

Each Dialogue in the Dark workshop has a combination of a lead Facilitator and Lived Experience Facilitators.

Our Lived Experience facilitators are blind or have low vision, and are experts in non-visual perception, creating an atmosphere of authenticity, empathy and openness. We maintain a 1:10 ratio of Facilitators to Participants.



*are you ready to challenge darkness?*

### How to book:

Email [dialogueinthedark@theculturegroup.com.au](mailto:dialogueinthedark@theculturegroup.com.au) or

Nadine 0419 569 112 | Joanna 0407 096 400 | Louise 0407 551 039

We look forward to working with you.

Guide Dogs Australia is our charity partner.  
If you'd like to make a donation as part of workshop booking, you can opt for a \$100, \$200 or donation which can be included in your fee.

powered by THE *culture* GROUP

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